





# Some Suggested Life Skills and Information Teenagers Should Know Before They Leave the Nest

## MONTHLY COST OF THE FOLLOWING ITEMS IN YOUR HOME

- ⊙ Electricity
- ⊙ Heat
- ⊙ Groceries
- ⊙ Telephone
- ⊙ Insurance

## IS YOUR HOME HEATED WITH

- ⊙ Gas
- ⊙ Oil
- ⊙ Electricity
- ⊙ If you use gas or oil, do you know where the filters are?
- ⊙ How often do furnace filters need to be changed?

## REPAIRS

- ⊙ Can you fix a leaky faucet?
- ⊙ Can you fix a running toilet?
- ⊙ Does your home have a fuse box?
- ⊙ Does your home have a circuit breaker?
- ⊙ Do you know how to change fuses?
- ⊙ Do you know how to activate a circuit breaker?
- ⊙ Can you change an automobile tire?
- ⊙ Can you sew on a button?

## TAXES

- ⊙ Do you understand how taxes work?
- ⊙ Can you fill out an income tax form?

Please feel free to call me if you wish to discuss any concerns you might have about your health.

We hope in some way we have helped you off to a good start in life. Remember:

- ✓ Take care of yourself!
- ✓ Learn as much as you can about as much as you can!
- ✓ Live your life with love for yourself and those who share your world.
- ✓ Enjoy your life - remember life is an adventure.

Good Bye!

## CREDIT CARDS

- ⊙ Do your parents have credit cards?
- ⊙ Do you understand how credit cards work?
- ⊙ Do you know how much interest is charged on credit cards?
- ⊙ What are advantages and disadvantages of credit cards?

## INSURANCE

- ⊙ Do you understand automobile insurance coverage?
- ⊙ How much does it cost to insure teenage drivers?
- ⊙ What is a high risk policy?

## MONEY/CREDIT/COSTS

- ⊙ Do you know how to balance a checkbook?
- ⊙ If you were away from home and needed to borrow money and no friend would lend it to you, would you go to a bank?
- ⊙ If your best friend asked you to co-sign a loan, do you know what your responsibility would be?

## OTHERS

- ⊙ Can you prepare a simple meal?
- ⊙ Do you need more information in the areas of sex, social disease, birth control, others?



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**TO:**

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