









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p>	<p>4</p> <p>WIC @ EGF</p> <p>Family Planning Walk-In Crox 2-5:30pm No apt needed.</p> <p>**PUBLIC HEALTH SERVICE DAY** CROOKSTON PCPH 3:00-5:30pm</p>	<p>5</p> <p>WIC @ EGF</p> <p>Foot Clinic EGF Senior Ctr 9:00am</p> 	<p>6</p> <p>WIC @ EGF</p> <p>Foot Clinic McIntosh PCPH Ofc 9:00am **PUBLIC HEALTH SERVICE DAY** McIntosh PCPH Ofc 9:00-11:00am Family Planning Clinic by appt only Call 218.281.3385 to schedule Free Blood Pressure Screening Erskine Community Ctr 11-Noon</p>	<p>7</p>  <p>National Wear Red Day</p>
<p>10</p>	<p>11</p> <p>WIC @ McIntosh</p> <p>Free Blood Pressure Screening Fosston Embassy 10:30-11:30 Family Planning Walk-In Crox 2-5:30pm No apt needed.</p> <p>**PUBLIC HEALTH SERVICE DAY** CROOKSTON PCPH 3:00-5:30pm</p>	<p>12</p> <p>WIC @ McIntosh</p>	<p>13</p> <p>Foot Clinic Crox Golden Link 8:30am</p> <p>Family Planning Clinic by appt only Call 218.281.3385 to schedule</p>	<p>14</p> <p>HAPPY Valentine's DAY</p>
<p>17</p> <p>Government Office Closed</p> 	<p>18</p> <p>WIC @ Crookston</p> <p>Family Planning Walk-In Crox 2-5:30pm No apt needed.</p> <p>**PUBLIC HEALTH SERVICE DAY** CROOKSTON PCPH 3:00-5:30pm</p>	<p>19</p> <p>WIC @ Crookston</p> <p>Foot Clinic EGF Senior Ctr 9:00am</p> <p>Free Blood Pressure Screening Crox Care & Share 11:30-Noon</p> 	<p>20</p> <p>WIC @ Crookston</p> <p>Foot Clinic McIntosh PCPH Ofc 9:00am **PUBLIC HEALTH SERVICE DAY** McIntosh PCPH Ofc 9:00-11:00am Free Blood Pressure Screening Crox Golden Link 11:30-Noon Family Planning Clinic by appt only Call 218.281.3385 to schedule Mamas Milk Connection WIC Lobby 6-7:00pm</p>	<p>21</p>
<p>24</p>	<p>25</p> <p>WIC @ Crookston</p> <p>Family Planning Walk-In Crox 2-5:30pm No apt needed.</p> <p>**PUBLIC HEALTH SERVICE DAY** CROOKSTON PCPH 3:00-5:30pm</p>	<p>26</p>	<p>27</p> <p>Foot Clinic Crox Golden Link 8:30am</p> <p>Family Planning Clinic by appt only Call 218.281.3385 to schedule</p>	<p>28</p>
<p>February Fitness Fever Family Fun Sundays FREE and OPEN to all area children, families & adults GET OUT, GET ACTIVE and HAVE FUN!!! **Tri-Valley is offering FREE Transportation Pls call by 4:30 1.800.201.3432</p>	 <p>Sunday, Feb 2nd, 12-3pm FREE Swimming Crookston Community Pool</p>	 <p>Sunday, Feb 9th, 1-3pm FREE Ice Skating Crookston Sports Center ENTER EAST DOOR</p>	 <p>Sunday, Feb 16th, 1-3pm Winter Movement Corner of West Robert South Main St.</p>	 <p>Sunday, Feb 23rd, 1-3pm Snowshoeing & Cross-Country Skiing/Sledding Central Park Hill/Crookston Swimming Pool/Lot</p>