

Strategy	Goals	Agencies Involved Current (Future)	Taking Action	Measuring Success ~Opioid and Suspected Opioid Overdoses Altru GF (includes Polk County residents) ~Drug Overdose Deaths Polk County Medical Examiner *Reported, Currently Available Data																					
<b>Engaging the Medical Community</b>	Reduce Opioid Prescriptions  Improve Pain Management and Treatment	Public Health Healthcare Agencies Physicians (Dentists) (Veterinarians)  Chiropractic Acupuncturist	Safer Opioid Prescriber Training RiverView Health Essentia Health Fosston Altru-Crookston Polk County Public Health (PCPH)	<table border="1" data-bbox="2175 221 3030 403"> <thead> <tr> <th></th> <th>2014</th> <th>2015</th> <th>2016</th> <th>2017</th> <th>2018</th> <th>2019</th> </tr> </thead> <tbody> <tr> <td>Opioid/Suspected Opioid Overdoses (Altru GF)</td> <td>22</td> <td>27</td> <td>63</td> <td>53</td> <td>30</td> <td>7</td> </tr> <tr> <td>Drug Overdose Deaths (Polk ME)</td> <td>6</td> <td>6</td> <td>3</td> <td>2</td> <td>3</td> <td>Pending</td> </tr> </tbody> </table> <p>Reducing opioid prescriptions</p> <ul style="list-style-type: none"> <li># Prescribers Trained</li> <li>Reduced Number of prescriptions rates/1000           <ul style="list-style-type: none"> <li>* 2015 = 851.0</li> <li>* 2016 = 770.7</li> <li>* 2017 = 652.6</li> </ul> </li> </ul> <p>RiverView Health, Altru (Crookston and GF) and Essentia Health Fosston— Health systems provide education on prescribing to providers. System change—Opioid Treatment Program agreements as part of the prescription drug monitoring program. Essentia Health Fosston-Increasing number of patients referred to alternative treatment options (Acupuncture, Chiropractic, etc.)/All Essentia clinics exploring Medication Assisted Therapy, including suboxone. Working on Screening Brief Intervention and Referral to Treatment (SBIRT). / RiverView Health-Opioid/Pain Committee.</p>		2014	2015	2016	2017	2018	2019	Opioid/Suspected Opioid Overdoses (Altru GF)	22	27	63	53	30	7	Drug Overdose Deaths (Polk ME)	6	6	3	2	3	Pending
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<b>Safe Medication/ Prescription Disposal Guide</b>	Reduce the amount of leftover drugs in the community	Law Enforcement Pharmacies Healthcare Agencies Environmental Service Public Health Funeral Homes (Dental and Veterinarian Clinics) (Long Term Care Facilities) (Senior Citizen Centers)	Start or Expand Collection Opportunities Law Enforcement—CPD, EGF PD, PCSO Pharmacies—Thrifty White Drug, Walmart, Nord’s Pharmacy, Healthcare—RiverView Health, Essentia Health Fosston, Altru-Crookston, Polk County Environmental Services PCPH	<p>Reducing the amount of unused/unnecessary prescription drugs in Polk County</p> <ul style="list-style-type: none"> <li># Collection Sites in Polk County           <ul style="list-style-type: none"> <li>* 2016-2018 N= 4</li> </ul> </li> <li># Pounds of drugs disposed           <ul style="list-style-type: none"> <li>* 2016—PCSO &amp; EGF = 299#</li> <li>* 2017—PCSO/DEA/EGF/Crox/State Patrol/RLF = 355#</li> <li>* 2018—PCSO/DEA/EGF/Crox/State Patrol/RLF = 685#</li> </ul> </li> </ul> <p>PCPH promotes safe disposal options throughout the county incinerator (Brochure/How to video/Community events) Opioid Taskforce sent letter (brochures) to all PC funeral home directors re: safe disposal for families</p>																					
<b>Preventing Overdose</b>	Increase access to opioid antidote  Reduce Stigma  Increase Resiliency	Law Enforcement/First Responders Pharmacies Healthcare Agencies Public Health/Mental Health Parents Recovery Communities Schools/Second. Education/ECFE Funeral Homes (Long-Term Care Facilities/Seniors) (Local Employers)	Naloxone Training Change Policy/Advocate Good Samaritan Law Law Enforcement-Crookston PD, EGF PD, PCSO Pharmacies-Thrifty White Drug, Wal-Mart, Nord’s Pharmacy, Healthcare-RiverView Health, RiverView Recovery, Essentia Fosston, Altru-Crookston PC Pharmacy Survey and Technical Assistance  PCPH Polk County Social Services Northwestern Mental Health Center (NWMHC)	<p>Increase access to opioid antidote</p> <ul style="list-style-type: none"> <li># Kits Distributed—All law enforcement carry for personal safety and public response</li> <li># People Trained—RiverView Health (+outside of county) = 17 (community only– does not include law enforcement)</li> <li># Overdose Reversals— Law enforcement report at least one overdose reversal in 2018</li> </ul> <p>RiverView Health and GFPH trainings-Public trained on Narcan administration. City Police-Crookston, Fosston and EGF and PCSO trained and carry for personal officer use and public response. Thrifty White Drug &amp; Walmart Crookston carries Narcan for public use (not covered by Insurance Companies) Good Samaritan Law discussed and clarified at community forums.</p> <p>Reduce Stigma - PCPH, PCSS and NWMHC working toward reducing stigma of addiction/mental illness-social and print media.</p> <p>Increase Resiliency - PCPH has Adverse Childhood Experiences (ACES) trainer on staff; increased trainings with PCSS, Early Childhood, community. PCPH is working with NWMHC and other partners to focus on positive psychology, mental wellbeing. Participate in the MDH Mental Well-Being and Resilience Learning Community. NWMHC provides Trauma Informed Care professional development.</p> <p>Law Enforcement– Overdose Detection Mapping Application Program - overdose surveillance.</p>																					
<b>Public Education and Media</b>	Inform about dangers of opioids	Public Health Parents/Schools Law Enforcement Healthcare Agencies Funeral Homes Recovery Communities Judicial/Coroner (Dental/Veterinarian/Long-Term Care/Senior Citizen Centers)	Awareness Events/School Prevention w/media Community/PC School Districts PCPH/PC Attorney’s Office/Polk County Coroner CPD, EGF PD, P2P Task Force, PCSO NWMHC Riverview Health/RiverView Recovery, Essentia Health Fosston, Altru-Crookston Probation/UMC, UMN-Extension, MDH	<p>Inform about dangers of opioids</p> <ul style="list-style-type: none"> <li># Events in Polk County, 2017 = 2, 2018 = 3</li> <li># Attendees (in person counts only), 2017 = 450, 2018 = 100</li> <li># Media Outreach (PCPH Opioid re: Facebook Reach), 2018 = 3,433</li> </ul> <p>Polk County Wellness Coalition Opioid Taskforce members sponsored community forums. Forums utilize social media to extend outreach and access. PCPH utilizing social, print and radio media (such as “12 Questions to Ask Your Dr. Before Taking Opioids”), assisting community members in identifying treatment/recovery resources, incorporating opioid education in workplace wellness, identified 7 additional agencies that will accept MA, sharing of MDH Opioid Dashboard Resource on PC Website and with community partners/residents/policy makers.</p> <p>Judges, Probation, Attorney’s Office and Law Enforcement - actively involved in DWI court</p>																					
<b>Early Intervention Treatment and Recovery</b>	Increase awareness of treatment resources, expand access and availability of treatment, recovery resources  Recovery homes and recovery friendly jobs	Substance Abuse Professionals Medical Providers Recovery Community Law Enforcement Social Services Public Health Judicial Community (Corrections) (Worksites)	Build Access/Resource/Referral Network/Systems NWMHC RiverView Health/RiverView Recovery, Essentia Health Fosston, Altru-Crookston PC Attorney’s Office Judicial System Tri-County Community Corrections	<p>Increase awareness of treatment resources, expand access and availability of treatment, recovery resources</p> <ul style="list-style-type: none"> <li># Treatment Providers - Medication Assisted Treatment– Valley Community Health Center 1 Medical Provider with DEA Waiver for MAT, RiverView Health 1 Medical Provider (Vivitrol); NWMHC– MAT in-progress, Essentia Health Fosston– exploring MAT</li> <li>Reduction in Wait time for Treatment - Path for direct admission available now at Altru (GF) (w/out an ER visit) for addiction/mental health.</li> <li>Increase Resource Guides and Referrals</li> <li>3/2019 Polk County Child Protection Placements— *16 of 19 removed or unable to unify due to meth or alcohol use of parent Out of home placement cost is estimated at \$471.09/day for foster care alone.</li> </ul> <p>In Polk County, Northwestern Mental Health Center, Riverview Recovery and Douglas Place provide substance use treatment services and assessment. NWMHC is a Certified Community Behavioral Health Clinic - Increase of modalities of treatment /low intensity treatment for teens and adults/ withdrawal management, use of MAT, assessment of SUD through CE, Rule 25 and Comp assessments, actively involved in DWI court. Integrated assessments for all patients; additional chemical/mental health staff; NWMHC/TCCC– grant/withdrawal management; TCCC-Transitions program for reintegration into community</p> <p>Recovery homes and recovery friendly jobs</p> <ul style="list-style-type: none"> <li>Employers that will employ post felony– N= 3 known and likely more in Polk County</li> </ul>																					
<b>Advocating for Change</b>	Change laws, policies or how systems address the issue  Justice Involved Population Supports	Parents, Community Members Schools Local, County and State Officials (Faith Community) (Non-Profits) (Government Agencies)	Engage Community Members in Advocacy Efforts Community members, PCPH, PCSO, PC Attorney’s Office, CPD, EGF PD, P2P Task Force, NWMHC, PC School Districts, Riverview Health, Essentia Health Fosston, Altru-Crookston, UMC,UMN-Extension, Riverview Recovery, MDH Opioid Dashboard, PC Pharmacy Survey, Association of MN Counties Policy Meeting, MN Governor Dayton Action Plan, Legislative Intervention for Opioid related treatment	<p>Change laws, policies or how systems address the issue</p> <ul style="list-style-type: none"> <li># Laws or systems changed - 2019 HF400 Opioid Legislation proposed; * MN State law in effect January 2017—MDH/M Board of Pharmacy—get naloxone at Pharmacy; #Polk County Pharmacies participating, 2018—2 out of 9</li> <li>Immunity Law in Minnesota - clarification of wording completed by Polk County Attorney for outreach</li> <li>Insurance companies changing prescribing policies (number of pills per patient. )</li> </ul> <p>Governor Dayton’s Action Plan, Narcan Legislation changed so Narcan available without prescription, Steve Rummel’s Law gives amnesty when calling 911 during ODs, Reduce ACE’s/Increase Resiliency. Participate in Association of MN Counties Policy Mtg (Fall 2018) and Rural Judges and Sheriffs Workshop (April 2019).</p> <p>Justice-Involved Population Supports - Opportunity to explore tele services (ex. Montana), housing/credit supports, skill development and workforce opportunities.</p>																					