

Medications that are no longer needed, can lead to:

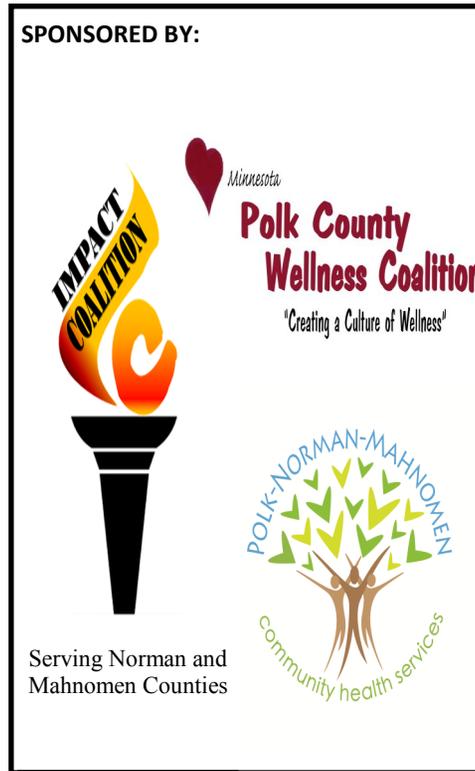
- Unintentional or accidental poisoning particularly among children, senior citizens and pets.
- Increased chance that these medications may be stolen and resold.
- Environmental problems.

The FDA and the White House Office of National Drug Control Policy (ONDCP) developed the first consumer guidelines for proper disposal of prescription drugs, summarized here:

- Follow any specific disposal instructions on the drug label or patient information that accompanies the medication.
- Do not flush prescription drugs down the toilet.
- Take advantage of drug take-back programs that allow the public to bring unused drugs to a central location for proper disposal.
- Take advantage of your community's drug drop box

DID YOU KNOW?

The United States represents 5% of the world population yet we consume nearly 90% of prescription pain medications.



If you would like more information, please contact
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**Polk-Norman-Mahnomen
County Safe Prescription
Drug Disposal**

It's Not Just for the Environment



You may take them to one of the following Drop Box Sites:

East Grand Forks Police Department
520 Demers Ave. E.G.F., MN
(218) 773-1104

Crookston Police Department
321 W. Robert St. Crookston, MN
(218) 281-3111

Fosston City Hall
220 1st St E. Fosston, MN
(218) 435-1959

Polk County Sheriff's Office
600 Bruce St. Crookston, MN
(218) 281-0431

White Earth Tribal Police
35500 Eagle View Road White Earth, MN
(218) 983-3285

Norman County Sheriff's Office
15 2nd Ave. E #109, Ada, MN
(218) 784-7114

Mahnomen County Sheriff's Office
311 N Main St. Mahnomen, MN
(218) 935-2255

ANOTHER OPTION FOR DISPOSING YOUR MEDICATIONS

*Polk, Norman and Mahnomen County trash goes to the Fosston incinerator, which is approved by the Minnesota Pollution Control Agency (MPCA) to burn over-the-counter and prescription medications.

FOLLOW THIS PROCESS FOR ALL UNWANTED/EXPIRED PRESCRIPTION DRUGS DISPOSAL

1. Place unused prescription drugs in laundry container.

-Add enough pop or dish soap to cover the medications.

-Place cap on container and put duct tape over the cap.

2. Put duct tape around the middle of the bottle (for you label).

3. Write "DO NOT RECYCLE" on the duct tape with permanent marker.

4. Toss the bottle in garbage can.



*Except for East Grand Forks

SOME WAYS YOU CAN HELP PREVENT PRESCRIPTION DRUG ABUSE/MISUSE

Proper disposal of medications:
⇒ Properly dispose medications when they are no longer needed.

Dangers of unused medications:
⇒ Use medications only as directed.
⇒ Keep your medications locked up at all times.

Healthcare Professionals, dentists and veterinarians:

⇒ If you prescribe pain medications, be on the alert for potential abuse.

Realtors:

⇒ Remind your clients to lock up their medicines **BEFORE** a showing or open house.



In our region, deaths from drug overdoses now exceeds deaths from car crashes.

OPIOIDS IN MINNESOTA

FROM 2015 TO 2016 OVERDOSE DEATHS INCREASED 17.9%
MN Department of Health