

Altru Health Systems

Crookston

400 S Minnesota St,
Crookston, MN 56716
218-281-9100
M-F: 8:00am-5:00pm

East Grand Forks

607 DeMers Ave
East Grand Forks, MN 56721
218-773-0357
M-F: 8:00am-5:00pm

Erskine

23076 347th St. SE
Erskine, MN 56535
218-687-5317
M-F: 8:00am-4:30pm

Fertile

Mill St and Main
Fertile, MN 56540
218-945-6064
M,W,F: 8:00am -4:00pm

Family Medicine Center

1380 S Columbia Rd
Grand Forks, ND 58201
701-795-2000
M-F: 8:00am-5:00pm

Family Medicine Residency

725 Hamline St
Grand Forks, ND 58203-2819
701-780-6800
M-F: 8:00am-5:00pm

Red Lake Falls

312 International Drive
Red Lake Falls, MN 56750
218-253-4343
M-F: 8:00am-4:30pm

Thief River Falls

1845 Hwy 59 S Suite 800
Thief River Falls, MN 56701
218-681-7280
M-F: 8:00am-5:00pm

www.altru.org

Essentia Health

Ada

201 9th St W Suite 1
Ada, MN 56510
218-784-2727
M-F: 8:00am-5:00pm

Bagley

121 Central St NW.
Bagley, MN 56621
218.694.6281
M-F: 9:00am-5:00pm

Fosston

900 Hillgoss Blvd SE
Fosston, MN 56542
218.435.1212
M-Th: 9:00am-7:00pm
F:9:00am-5:00pm
Sat (walk-in clinic): 9:30am-12:00pm

Mahnomen

117 N Main St
Mahnomen, MN 56557
218-936-5616
M-F: 8:30am-4:30pm

www.essentiahealth.org

Riverview Health

Crookston

323 S Minnesota St
Crookston, MN 56716
218-281-9595
M-F 7:00am-7:00pm
Sa & S: 9am-1pm

Fertile

306 N Mill St
Fertile MN, 56540
218-945-6695
M-Th: 8:00am-6:00pm
F: 8:00am-4:30pm

East Grand Forks

1428 Central Ave NE
EGF, MN 56721
218-773-1390
M-F:8:00am-4:30pm

Red Lake Falls

105 International Drive SW Suite 126
Red Lake Falls, MN 56750
218-253-4606
M-F: 8:00am-4:30pm

www.riverviewhealth.org

Sanford

(Straight MA and Blue Plus Only)

Bagley

1656 Central St. W
Bagley, MN 56621
(218) 694-2384
M-Th: 8:00 am-8:00pm
F: 8:00 am-5:00pm

Bemidji

1233 34th St NW,
Bemidji, MN 56601
(218) 333-5000
M-F: 8:00am-5:00pm

East Grand Forks

929 Central Ave NW
East Grand Forks, MN 56721
218.773.6800
M-F: 8:00am-5:00pm

Halstad

445 1st St E
Halstad, MN 56548
218-456-2158
M-F 8:30am-12:00 pm
1:00pm-5:00pm

Mahnomen

410 SW 4th St
Mahnomen, MN 56557
218-935-2514
M-F: 8:00am -5:00pm

Thief River Falls

3001 Sanford Parkway
Thief River Falls, MN 56701
218-681-4747
M-Th: 8:00 am-5:00 pm
F: 8:00am-4:30 pm
Sat: 9:00am-11:45am

Twin Valley

201 2nd St NW
Twin Valley, MN 56584
218-584-5142
T, W, F: 8:30am-4:30pm

www.sanfordhealth.org

Hope Pediatrics

219 Brooks Ave N
Thief River Falls, MN 56701
(218) 681-4673
M, T, Th, F- 8:00 am-5:00pm
W: 8:00am-7:00pm

www.hopepediatricstrf.com

Spectra Health

Grand Forks Medical Clinic
212 S. 4th Street Suite 301
Grand Forks, ND 58201
701-757-2100
M, W, Th, F: 7:30am-5:30om
T: 7:30am-7:00pm

www.spectrahealth.org

Dentist that accept MA, Blue Plus, and HealthPartners

Clinic Name	Clinic Address	Phone Number	Clinic Hours	Accepted Insurance	Website
Apple Tree Dental	520 S Main St Hawley, MN	218-483-1038	M-F: 7:00am-5:30pm	Blue Plus, HealthPartners, Straight MA	www.applereedental.org
Bagley Dental	13 Main St Bagley, MN	218-694-6571	M-Th: 8:00am-4:00pm	Blue Plus, HealthPartners, Straight MA	www.dakotapediatricdentistry.com
CHI St Joseph's Community Dental Clinic	205 Pleasant Ave Park Rapids, MN	218-732-4436	M-Th: 8:00am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.sjahs.org
Dakota Pediatrics Dentistry	3990 S Columbia Rd Grand Forks, ND	701-746-1400	M-Th: 8:00am-4:30pm F: 8:00am-3:00pm	Blue Plus, HealthPartners	www.dakotapediatricdentistry.com
Family Health Care	715 11 th Street N. Moorhead, MN	701-551-1506	M-F: 7:00am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.famhealthcare.org
Karlstad Dental Clinic	223 S Main St Karlstad, MN	218-436-2944	M-Th: 8:30am-4:00pm	Blue Plus, HealthPartners, Straight MA	www.roseaudental.com
Northern Dental Access Center	1405 Anne Street NW Bemidji, MN	218-444-9646	M-Th: 8:00am-4:30pm F: 8:30-4:30	Blue Plus, HealthPartners, Straight MA	www.northerndentalaccess.org
	132 3rd Street W Halstad, MN	218-456-2238 1-888-575-4020	T-F: 8:30am-4:30pm	Blue Plus, HealthPartners, Straight MA	
Prairie Dental Center	200 E Main St Ada, MN	218-784-7119	M-Th: 8:30am-5:00pm Every other F: 8:30am- 12:00pm	Blue Plus	www.prairiedentalcenters.com
	222 N Mill St Fertile, MN	218-945-6111	T: 9:00am-4:00pm W: 8:30am-5:00pm	Blue Plus	
	123 Monroe Ave W Mahnomon, MN	218-935-9340	T & W: 8:30am-5:00pm Th: 9:00am-4:00pm Every other F: 8:30am- 12:00pm	Blue Plus	
	214 Main Ave W Twin Valley, MN	218-584-5193	M: 8:30am-5:00pm Every other Th: 8:30am -5:00pm	Blue Plus	
Spectra Health Dental Clinic	212 S 4th St #101 Grand Forks, ND	701-757-2100	M-F: 7:30am-5:00pm	Blue Plus, HealthPartners, Straight MA	www.spectrahealth.org

Please note that this is not a comprehensive list of all dental clinics. For a complete list, call your health plan customer service. Blue Plus members can access a Dental Care Coordinator who will assist with scheduling a dental appointment by calling 1-800-774-9049.

Who can help with **Transportation?**

Locally:

Tri-Valley Heartland Express
T.H.E. Bus)
800-201-3432
<http://www.tvoc.org/heartland.htm>

Ampride Taxi Crookston MN
218-281-2000

C.A.T. Cities Area Transit
Grand Forks ND
701-746-2600

Health Plans:

Blue Plus:
866-340-8648

HealthPartners:
952-883-7400

Call your health plan
one week before your
scheduled
appointment

Medical Assistance Recipients

Check with your worker at Social Services to
see if you qualify for MA transportation reim-
bursement if you would like to drive yourself.

Check out

Polk County Public Health Online!

www.co.polk.mn.us/publichealth

